



## What Readers Say About *7 Keys to Love*

"The one thing everyone desires, the best gift you can ever give to your family, the foundation for a happy family, is LOVE. Unconditional love is often hard to practice on a day-to-day basis and it is now possible with the *7 Keys to Love* by author and speaker Sandy Hinden. Buy *7 Keys to Love* today."

~ **Barbara Gaughen Muller**  
**United Nations University for Peace**

"Sandy Hinden has written an amazing, powerful, compassionate, and important book for our times! I have been awed, inspired, encouraged, and enlightened by the diversity of his knowledge, experience, and insights. He has produced a masterful, practical, and essential work on Love in all its aspects as a force for Healing in the world. He has shown that through healing ourselves first through Love, we can go on to heal our personal and work relationships, our communities, and, ultimately, the world.

Sandy Hinden has combined a deep understanding of psychology and spirituality with a practical hands-on methodology for how to do this. The years of dedication he has given to work in the areas of world peace, ecology, and non-violent communication has culminated in this wonderful work. The title '*7 Keys to Love: Opening Love's Door to Joy & Wellbeing*' truly describes what can happen when we implement these keys. The Workshops he offers to put these teachings into practice ourselves, in families, in relationships, and in communities are great tools that need to be given around the country and world in schools, churches, community centers, prisons, hospitals, etc..

I am re-reading the book and have ordered ten copies to give to friends and colleagues!"

~ **Dr. Judith Alstadter**  
**Concert pianist, music educator, workshop/retreat clinician**  
**Five Towns College, Long Island, New York**  
**Eckerd College Institute of Life-long Learning, St. Petersburg, Florida**

"I have not finished reading *7 Keys to Love*, however what I have read thus far has really hit home. I have learned so much just from reading the first few pages. I am reading it slowly for several reasons. Mainly because the information that you provide takes time to process. It makes so much sense that I feel I need to read it again to make sure that I have read it correctly. I feel as if it pertains to "just" me. I never thought about it in a "global" sense. I will continue to take my time in reading it. Please know that I am learning so much and enjoying your book. I will keep you posted on my progress. Thank you!"

~ **Carolyn Miller, MA**  
**Lecturer on Public Relations, Career Counselor**  
**Five Towns College, Dix Hills, NY**

"I have been reading *7 Keys to Love* and I TOTALLY LOVE IT. It is a wonderful piece of work... so much that I have truly thought about what is so unsatisfying with our society/culture. Sandy Hinden has given so much insight into many of the issues in this book. I specifically like that he addressed issues of violence and communication; something I have always wondered about. Most of us are SO wounded, and it ultimately does lead to issues of violence and communication breakdown; why aren't we working in more effective ways to heal ourselves and our communities? I concluded long ago that most of society is in incredible denial and/or in 'addiction states', as Sandy Hinden so clearly points out. I will be sharing this book, *7 Key to Love*, with others."

**~ Camille Santoro**

**Vocalist / human services**

"A new and magnificent work by Sanford Hinden for the 21st Century... restoration of true, altruistic Love for Planet Earth... teaching the world his *7 Keys to Love*....

LOVE is a word loosely used yet still difficult to define, I believe simply because we don't give it time. Sanford Hinden took his time in creating *7 Keys to Love*. He took 33 years of personal and professional experiences, coupled with his academic and professional background in psychology, music and the arts, activism and community building, and created a true Labor of Love.

In a comprehensive and profound way, Sanford Hinden has achieved what so many seek to do. *7 Keys to Love* contains the road map to finding Love in all its many forms. The 1st of the 7 keys is Self-Love, leading, and in order, to the 7th, which is Spiritual - Universal Love. Step-by-step, the book reveals 7 keys that lead to finding true happiness on Planet Earth. It contains quotes from many of the world's past and present leaders of love, and in Chapter 5, Platonic - Altruistic (Community) Love, there is a clear explanation of the work of Gandhi on nonviolence and Dr. Martin Luther King, Jr. on the *Beloved Community*. It shows the way we can heal and enhance our communities, the key to transforming our planet to sustainability.

Please give yourselves the gift of a lifetime and share in the Unconditional Love that Sanford Hinden has given to all of us with *7 Keys to Love*."

**~ Pat Chandler**

**Global Communication Consultant**